

# GLOBAL VISION QUEST



3 - DAY JOURNAL

with your guide  
Laura Hollick



# GLOBAL VISION QUEST

Welcome to this sacred journey of illumination and transformation!

Throughout history, people have gone on Vision Quests at pivotal points in their lives to access higher vision to guide them forward.

We are in such a monumental time in human history/herstory. The past is no longer the guide for the future. We need access to higher vision to activate our ascension in the story of our human evolution.

You have a unique role to play in the creation of the nü paradigm.

It's time to tap into your soul's vision and receive a map for the next chapter of your thriving life and the well-being of the planet.

Without vision there is no direction. With vision you can energize your best future.

It's time to illuminate your next level vision!

A handwritten signature in grey ink that reads "Laura". To the left of the first letter "L" is a small, hand-drawn red heart.

# GLOBAL VISION QUEST

February 26-28

**Day #1: Guided Visualization**

*Discover Your Iconic Essence*

February 26, 1-2pm EST

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**Day #2: nü Icon Panel Discussions**

Claim the Power of your Iconic Essence: Feb. 27, 11am-12noon EST

Iconic Essence in Action: Feb. 27, 1-2pm EST

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**Day #3: Guided Visualization**

*Illuminate Your Thriving Path*

February 28, 1-2pm EST

# Create Sacred Space

Vision quests are sacred. They create the breathing space to connect and commune with your soul so you can receive higher vision for your life. This Global Vision Quest has an added amplification because we're going on this quest together. This means, not only will you be getting a vision for your life, but you'll also uncover how your vision interconnects with others.

A sacred space is created for you to have this illuminating and transformational experience. There are 2 guided visualizations, along with 2 panel discussions to inspire and support you through your quest to get your next level vision.

**To receive the full power of this experience, you'll need to create sacred space for yourself.**

Creating sacred space includes carving out time for your experience. Make space in your calendar to vision without distractions tugging at you. You can do as much or as little of the Global Vision Quest events as you desire. Of course, the more you participate, the more you'll get out of it, but whatever you can do with full presence will be life changing.

Creating sacred space also includes making an actual space for yourself, maybe you want to set up some comfy cushions to sit on for your guided visualizations, light a beeswax candle, or place a special crystal on your altar to symbolize this experience.

How will you create sacred space for your Global Vision Quest?

# Day 1

Your Vision Quest begins! Activate your journey by setting your Intention. Your Intention allows you to give meaning and purpose to this quest. The following questions will help you clarify your Intention.

Why do you want to do this Global Vision Quest?

Where in your life are you seeking guidance, clear direction, and VISION?!

What do you hope to receive from your Global Vision Quest experience?

What current challenges are you faced with in your life?



What is your deepest desire now?

## Clarify Your Intention

Clarify your Intention by allowing your challenges to reveal your deeper desires, and then let your deeper desires illuminate what truly matters to you. Your Intention grows from the passion of your desires, and the clarity of what matters most.

For example: If your current challenge is dealing with a relationship conflict, perhaps it reveals a deeper desire for intimacy. From this desire you realize what matters most to you is having meaningful connections with others. Your Intention could be:

*“I am claiming a re-newed sense of myself with the all the resources needed for true intimacy.”*

Another example: If your current challenge is feeling lost in your career, perhaps that reveals a deeper desire for security and recognition. From this desire you realize you want to have impact and belonging in the world. Your Intention could be:

*“I am becoming the fullest version of myself in this world.”*

Play around with words to find your Global Vision Quest Intention...

# Your Global Vision Quest Intention

Fill in the circle with ONE clear statement to express  
your Global Vision Quest Intention.



## Guided Visualization

### *Discover Your Iconic Essence*

Journal about what came through this Guided Visualization...

# Your Iconic Essence

Fill in the circle with a vision of your Iconic Essence.





Day 2

**Panel Discussion**

*Claiming the Power of your Iconic Essence*

Journal your insights from this panel discussion....

# Panel Discussion

## *Iconic Essence in Action*

Journal your insights from this panel discussion....

Day 3

## Guided Visualization

### *Illuminate Your Thriving Path*

Journal about what came through this Guided Visualization...

# Your Thriving Path

Fill in the circle with a vision of your thriving path for your best future.



# Your Global Vision Quest

## Insights & Reflections

Journal about what happened for you during your Global Vision Quest experience.....

What was your Intention for your Global Vision Quest experience?

How does your Intention mean to you now?



Fill in the circle with the most precious gift you received from your Global Vision Quest.



How is your vision guiding you to move forward now?

What specifically can you do, be, cultivate to honor your vision and integrate your Global Vision Quest experience?

Congratulations for successfully completing your  
Global Vision Quest 2025!

Cultivate your Iconic Essence to embody your higher visions...

*Sign up for the...*

ICONIC  
ESSENCE  
JOURNEY

<https://soulartschool.com/iconic>